DO NOT MISS...

Plaça Josep Roca -in the past, known as Plaça Nova or Plaça Major- is the centre of Peramola and it is the place where most of the local festivities are held. Some important buildings are Cal Ribó (17th century) or Sant Miquel Arcàngel Church (14th century).

DID YOU KNOW...

Poet Miquel Martí i Pol spent some periods in Peramola? "Espai Miquel Martí i Pol", which you can visit during the route, was founded in the memory of the well-known Catalan poet who, in one of his visits, defined Hotel Can Boix de Peramola as a "Heaven on Earth".

ROUTES OF THE HOTEL CAN BOIX DE PERAMOLA

1. La Font Viva
2. Springs and streets of Peramola
3. Castell-llebre hermitage
4. Roca del Corb and Roc de Cogul
5. Mountains of Sant Honorat
6. Circular route to Roca del Corb and Sant Honorat
7. Sant Marc, Pallerols and Santa Llúcia
8. Climb to Coscollet – range of Aubenç

ADVICE AND RECOMMENDATIONS

- Check the weather forecast in advance.
- The routes' times do not include stops.
- Wear appropriate clothing and mountain shoes. Do not forget sun cream, sun glasses and a hat.
- Take water and food.
- Enjoy and respect nature.
- Emergency number: 112.

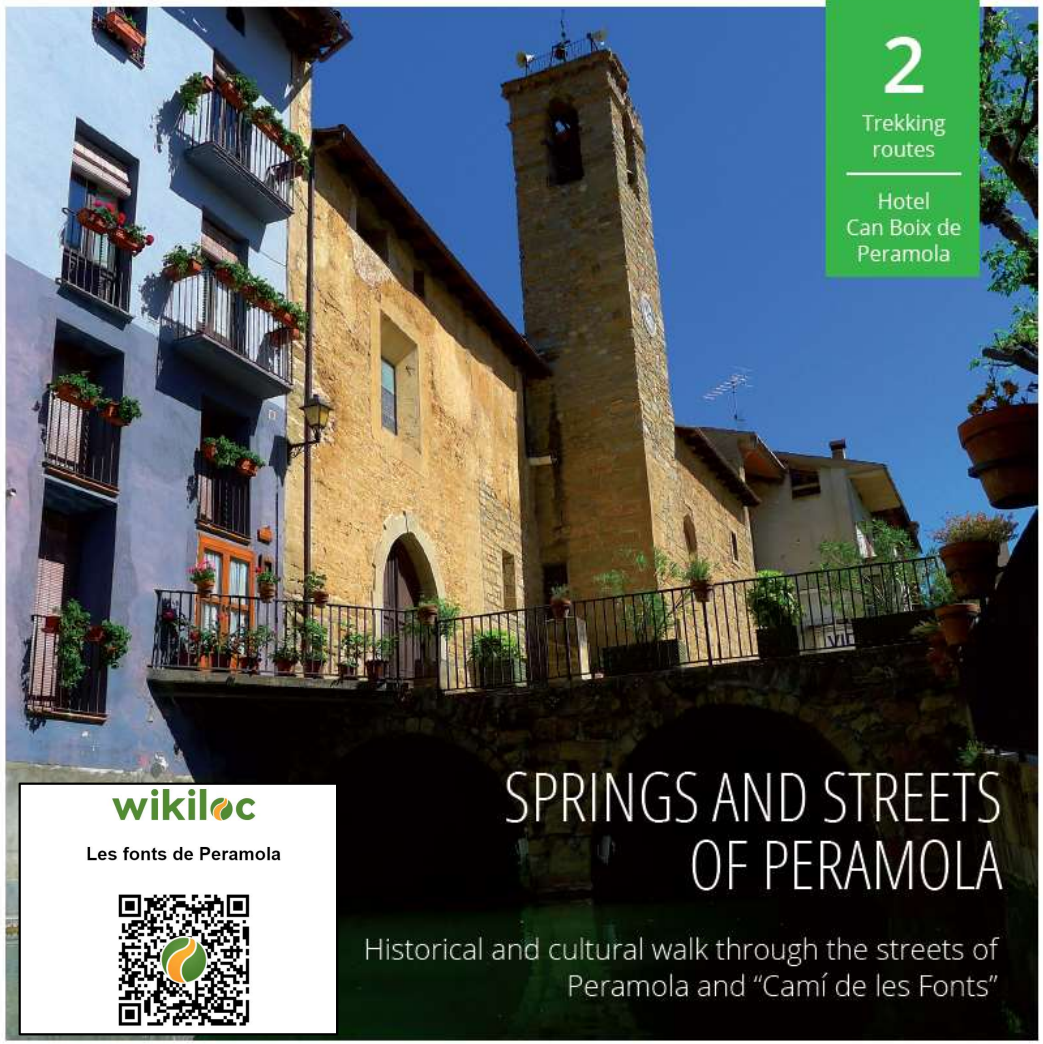
Level of difficulty

- Easy: shorter and easier walks with little total ascent.
- Medium: moderate difficulty and ascent walks that are not longer than 14 km and 700 m ascent.
- Difficult: demanding hikes. They tend to be longer and with particular difficulties in some areas.

CAN BOIX
PERAMOLA

Can Boix, s/n · 25790 PERAMOLA (Lleida)
Tel. (34) 973 470 266
www.canboix.cat · gaudeix@canboix.cat
@canboixdeperamola
GPS: 42.07092º 1.275780º

PYRENEESTRAILS
Contents by www.pyreneestrails.com exclusively for Hotel Can Boix de Peramola
SLOW LIFE HOTELS



2
Trekking routes

Hotel Can Boix de Peramola

wikiloc
Les fonts de Peramola

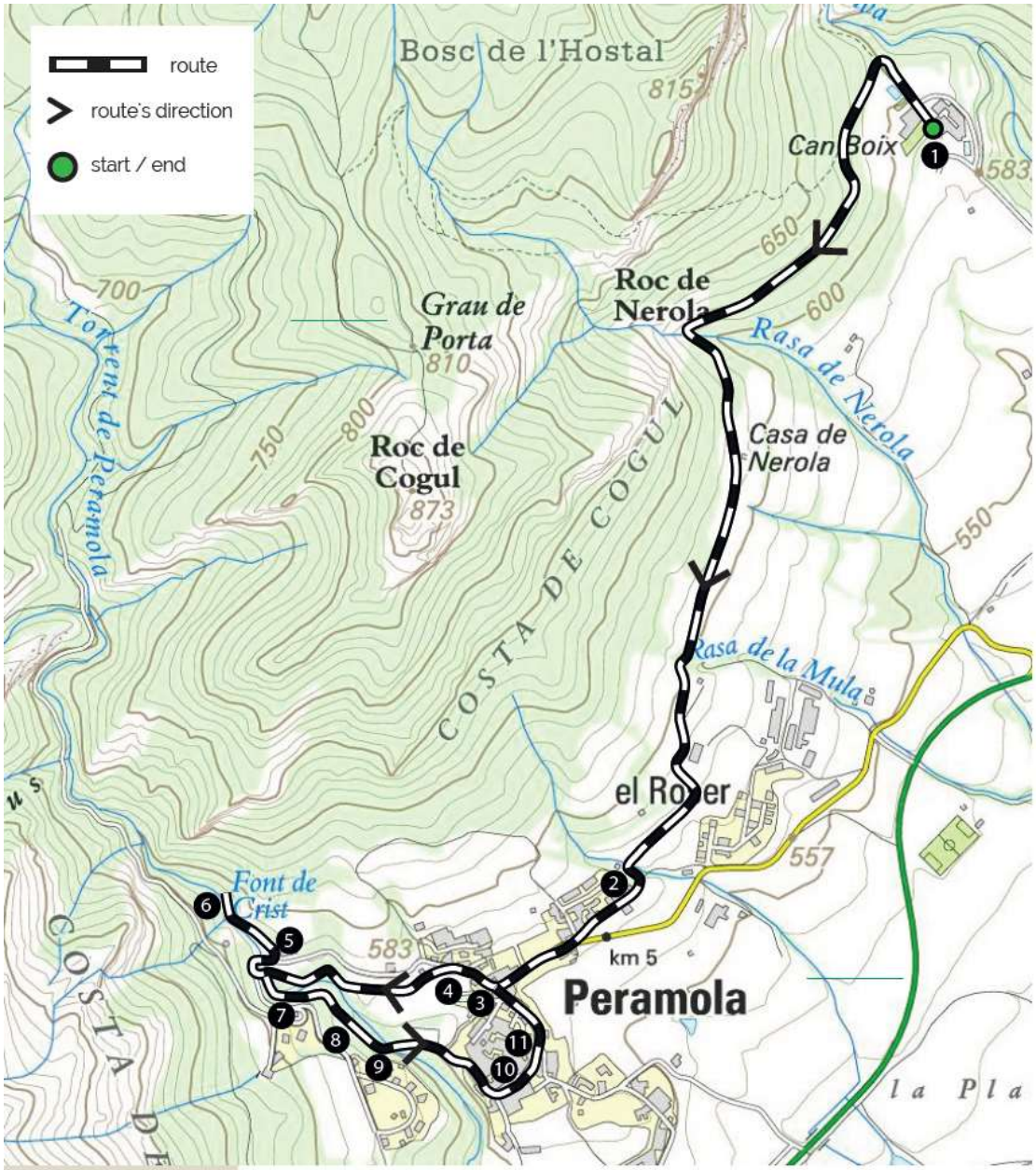
SPRINGS AND STREETS OF PERAMOLA

Historical and cultural walk through the streets of Peramola and "Camí de les Fonts"

Take a picture, upload it and tag us @canboixdeperamola

- Difficulty **Easy**
- Total real time **1:30 h**
- Total distance **5.7 km**
- Total elevation gain **160 m**
- Highest altitude **630 m**
- Lowest altitude **553 m**
- Start / finish point **Hotel Can Boix de Peramola**

CAN BOIX
PERAMOLA



© Institut Cartogràfic i Geològic de Catalunya
Map owned by Institut Cartogràfic i Geològic de Catalunya available in www.icgc.cat

THE BEST OF THIS ROUTE

- **Many natural springs** around Peramola.
- **Several splendidly set up areas** along "Camí de les Fonts".
- **Walk through the streets of Peramola** and find out its remote places, its old buildings, its history and its legends.

PLACES EN ROUTE

Place en route	Time	Altitude	Latitude	Longitude
❶ Hotel Can Boix de Peramola	0:00 h	590 m	42.0709246º	1.2757452º
❷ Chapel of Roser	0:25 h	575 m	42.0599904º	1.2699641º
❸ Public washing place of Peramola	0:28 h	573 m	42.0585689º	1.2673259º
❹ Crossroad to the left "Camí de les Fonts"	0:35 h	575 m	42.0587935º	1.2665256º
❺ "Espai Miquel Martí i Pol"	0:38 h	578 m	42.0591390º	1.2627329º
❻ Font del Cristo and Font del Poble	0:40 h	580 m	42.0594790º	1.2620540º
❼ Font del Caner	0:45 h	573 m	42.0583529º	1.2629850º
❽ Font del Mig	0:50 h	553 m	42.0580919º	1.2644700º
❾ Font de la Vila and Romanesque Bridge	0:52 h	555 m	42.0577130º	1.2651710º
❿ Plaça Josep Roca	0:58 h	568 m	42.0570892º	1.2677180º
⓫ Font del Gat	1:00 h	572 m	42.0576889º	1.2680849º
❶ Hotel Can Boix de Peramola	1:30 h	590 m	42.0709246º	1.2757452º

Geographic coordinate system. European Datum 1950.

ROUTE DESCRIPTION

This walk lets you find out the old part of the village of Peramola -old houses, narrow streets and a beautiful square- and the so called "Camí de les Fonts", a well marked route that leads you to several of the many springs in Peramola.

From ❶ **Hotel Can Boix** follow the NW path. Immediately you will see a fork: take the **path to the left (SW)** to Peramola. Follow the signals to Peramola. Leave the path to Grau de Porta and a house in ruins (Casa Nerola) behind. Get to Roser neighbourhood and see the ❷ **chapel of Roser**. Cross this neighbourhood and you will arrive to a road; that is the entrance to the old centre of Peramola.

Get to the village and arrive to the ❸ **public washing place of Peramola**. Here turn right to Cortiuda. In 80 m, take a path in the ❹ **crossroad to the left "Camí de les Fonts"**. Go up the stream of Peramola and arrive to a bridge. Climb up to the road and turn right, walk through it until ❺ **"Espai Miquel Martí i Pol"**, where there is the **Font d'en Vila**. Go on up the stream and get to an old waterwheel. Some meters after there is ❻ **Font del Cristo and Font del Poble**.

Go back to the bridge where you crossed the stream and now go on the path on the right edge of the stream until ❼ **Font del Caner**. Here there are several boards with images and explanations about the flora and fauna of the area. Continue down the stream and arrive soon to ❽ **Font del Mig**. Here you can still see some ruins of "La Manteguera", an old industry founded in 1925 by five families of Peramola where the "Pirineus" butter and cheese were made.

Continue to the path and get to ❾ **Font de la Vila and Romanesque bridge**. Go across the bridge and you will see an outdoor sports court. Go around it to the right and ascend to the path on the right until you reach the old part of the village of Peramola. Walk next to a stone wall and continue to a narrow street until the beautiful ❿ **Plaça Josep Roca**.

Leave the square behind and before getting the public washing place, on the left there is ⓫ **Font del Gat**. From the public washing place follow the same route you did before until you get back to ❶ **Hotel Can Boix**.